



NYS Apples

# June




2025 K-5



# Lunch

Lake Shore



| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| 2<br>Hot Dog<br>On a Bun<br><br>Carrot Sticks 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz             | 3<br>8" Taco w/Meat,<br>Cheese and Salsa<br><br>Baked Beans 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz   | 4<br>Cheesy Alfredo<br>w/Penne Noodles<br><br>Green Peas 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz      | 5<br>Grilled Cheese<br>Sandwich<br><br>NYS Potatoes 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz                | 6<br>Cheese Pizza<br><br>Steamed Broccoli 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz   |
| 9<br>Diced Chicken<br>w/Seasoned Rice<br><br>Sweet Potato 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz | 10<br>8" Taco w/Meat,<br>Cheese and Salsa<br><br>Vegetarian Beans 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz   | 11<br>Chicken Tenders or<br>Popcorn Chicken<br><br>Green Peas 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz | 12<br>Cheese and<br>Pepperoni Pizza<br><br>Mixed Vegetables 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz        | 13<br><br>Flag Day!!<br>Hamburger/Cheeseburger<br>on a Bun<br>1C Romaine Lettuce=1/2c<br>Milk-8oz<br>**Stars & Stripes** Sidekick<br>Frozen Fruit Punch |
| 16<br>Hot Turkey Sandwich<br>w/Gravy<br><br>Chef's Choice 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz | 17<br>Chef's Choice<br><br>Chef's Choice 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz  | 18<br>Chef's Choice<br><br>Chef's Choice 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz                      | 19<br>Happy Juneteenth!!<br><br> | 20<br>Chef's Choice<br><br>Chef's Choice 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz  |
| 23<br>Chef's Choice<br><br>Chef's Choice 3/4c<br>Fresh or Prepared Fruit 1/2c<br>Milk-8oz                  | <p><b>PERSONAL TOUCH WOULD LIKE TO WISH<br/>EVERYONE A SAFE AND WONDERFUL SUMMER!!!</b></p>  |  |   |  |

Menu Subject to Change

## NYS LOCAL FOODS

\*Upstate Farms

Milk, Yogurt, Sour Cream

Eden Valley Growers

Assorted Varieties of Apples

Eden Valley Growers

Assorted Fruits & Vegetables

used in Meal Program

highlighted in green

For Information for Summer  
Meals Please Visit

[www.summermealsny.org](http://www.summermealsny.org) or

Call 211 or 866-3-HUNGRY.

## The Following Entrees Served Daily:

Peanut Butter & Jelly  
Sandwich (2M2G)

Monday's:  
Ham or Turkey Sandwiches  
(2M2G)

Tuesday and Thursday's:  
Fruit & Yogurt Parfait  
w/Flatbread (2M2G)

Wednesday and Friday's:  
Julienne Salad w/Flatbread  
(2M2G)

Offered daily  
with all School Lunches:

Fresh or Prepared Fruit  
(Must take ½ cup of Fruit or Vegetable –  
may take up to 1 cup)

NY State 8oz 1% or Skim  
White Milk  
Fat Free Chocolate Milk

MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

If your Son or Daughter has a particular food  
allergy, please contact the school nurse and the  
food service office @ [vera.spurrier@lscsd.org](mailto:vera.spurrier@lscsd.org).  
Additionally, ingredient and nutritional  
information is available upon request

Students Receive  
Free Lunch